

August is the Month for Fruit



*August is the month for fruit,
Apples, Damson, Pears and Plums;
Late berries are ripe and some grow wild,
So out you go and fill your tums.*



*So different to the modern trend,
That we all use today;
We pop into the local shop,
For what we need day by day.*

*Make the most of nature's bounty,
Like folk did in days gone by;
To store up for the winter months,
On what they could rely.*



*Loss of flavour is accepted,
It's only known now by a few;
From the older generations,
When food was rich and true.*



*This went on for countless years,
This served us well you will agree;
From generation to generation,
As far back as I can see.*



*You have the best of both times now,
With easy shopping and lots of fun;
And healthy berries ripe for you to eat,
When all your chores are done .*



By Eila Webster

